



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	<b>Gymnastics</b> – balance	<b>Games</b> – Movement skills 1	<b>Games</b> – Movement Skills 2	<b>Games</b> – Locomotion	<b>Games</b> – Invasion Games 1	<b>Games</b> -Net & wall games 1
	<b>Dance</b> – Nursery Rhymes	<b>Gymnastics</b> – Rocking & Rolling	<b>Games</b> – Striking & fielding 1	<b>Games</b> – Target Games 1	<b>Dance</b> – Line Dancing	<b>Athletics 1</b>
Year 1	<b>Games</b> – Invasion Games Skills 1	<b>Games</b> – Movement Skills 1	<b>Dance</b> – Animals	<b>Games</b> – Invasion Games Skills 2	<b>Dance</b> – Under the Sea	<b>Athletics 2</b>
	<b>Gymnastics</b> – Pathways – small & long	<b>Gymnastics</b> – wide, narrow, curling, rolling & balancing	<b>Gymnastics</b> – balancing & spinning on points/patches	<b>Games</b> – Movement Skills 2	<b>Games</b> – Net & wall games 1	<b>Games</b> – Striking & fielding Skills 2
Year 2	<b>Games</b> – movement skills	<b>Dance</b> – Pirates	<b>Games</b> - Invasion Games – Skills 2	<b>Dance</b> – Great Fire of London	<b>Games</b> – Net & Wall Games Skills 2	<b>Athletics</b>
	<b>Gymnastics</b> – Pathways	<b>Gymnastics</b> – Spinning, twisting & turning	<b>Games</b> – Movement Skills 3	<b>Gymnastics</b> – Stretching, curling & arching.	<b>Games</b> – Striking & fielding Games Skills 2	<b>Dance</b> – Minibeasts
Year 3	<b>Athletics</b>	<b>Gymnastics</b> – Linking movements	<b>Gymnastics</b> – receiving body weight	<b>Dance</b> – Romans	<b>Games</b> - Tennis	<b>OAA</b>
	<b>Games</b> – Hockey	<b>Games</b> - Handball	<b>Games</b> -cricket	Health related fitness	<b>Dance</b> – Space	<b>Games</b> -Football
Year 4	<b>Dance</b> – Romans	<b>Gymnastics</b> – linking movements together	<b>Dance</b> – Dances Around the World	<b>Gymnastics</b> - Partner work- pushing & pulling	<b>Dance</b> – Vikings	<b>Athletics</b>
	<b>Swimming</b>	<b>Swimming</b>	<b>OAA</b>	<b>Games</b> - Tennis	<b>Games</b> – Rounders	<b>Gymnastics</b> – Rolling & travelling low
Year 5	<b>OAA</b>	<b>Gymnastics</b> – Synchronisation & canon	<b>Games</b> - Hockey	<b>Gymnastics</b> – matching, mirroring & contrast	Health Related Fitness	<b>Athletics</b>
	<b>Dance</b> – space	<b>Games</b> – Netball	<b>Dance</b> – Egyptians	<b>Games</b> – dodgeball	<b>Games</b> - Rounders	<b>OAA</b> - Team building & problem solving
Year 6	<b>Gymnastics</b> – counterbalance & tension	<b>Athletics</b>	<b>Gymnastics</b> – flight	<b>Dance</b> – WW2	<b>Games</b> – Rounders	<b>Games</b> – Hockey
	<b>OAA</b> – Leadership	<b>Gymnastics</b> - Flight	<b>Games</b> – TAG Rugby	<b>Games</b> – tennis	<b>Dance</b> – The Haka	<b>Swimming</b> – Top Up Swimming